

Y5 Cornerstone Fairthorne Trip

18-20th September 2019



Aims

Develop independence, maturity, personal and social skills by being away from home for 48 hours.

Develop resilience and overcoming challenges.

Bonding experience as a class and with new Y5 teacher.

National Curriculum PE:

“Take part in outdoor and adventurous activity challenges both individually and within a team”

A special primary school memory.

Travel

Arrive: 11 am (Wednesday)

Depart: 1.30pm (Friday)

If parents are able to drop off and pick up their child (and possibly others), there will not be a need to organise a coach.

There may be limited spaces in one staff car should there be a few children whose parents cannot make one of the journeys.

There will be a member of school staff at Fairthorne on arrival.

Accommodation

Two floors of Heald House: only our school and Fairthorne staff will be able to access this floor.

Separate boys, girls and staff toilet/shower rooms on the same floor.

Staff bedrooms on the same floor.

Children will need to bring a sleeping bag, pillow in a pillow case and their own towel (2 towels are recommended)



Food

Last year

Breakfast

- Thursday: Croissant, fruit juice, yoghurt.
- Friday: Sausage, hash browns, beans.
- Both days: Toast, cereal, tea/coffee, juice.

Lunch

- Picnic bag: Ham/cheese sandwich, crisps, banana/apple, squash

Dinner

- Wednesday: Meatballs in tomato sauce and pasta. Falafel balls in tomato sauce and pasta. Jacket potato with beans. Dessert.
- Thursday: Roast chicken, roast potatoes and vegetables. Vegetable Kiev. Jacket potato with cheese. Dessert.



Activities

We have requested:

- Kayaking
- Stand up paddleboards
- Aerial Runway (zip wire)
- Abseiling
- Climbing
- Vertical assault
- Team challenge
- Low ropes

There will also be two evening activities (Camp fire and disco).

There is also a MUGA pitch and small playground outside the accommodation, which can be used in spare time.

Kit list

- Sleeping bag, pillow and pillow slip for all accommodation types
- Plenty of comfortable clothing that can get dirty
- T-shirts
- Several sweatshirts/pullover (lots of thin layers)
- Shorts and jeans or tracksuit bottoms
- Spare underclothes & socks
- Waterproof clothing, coat and trousers
- Trainers x 2 pairs, one of which is suitable to get wet & dirty (*Crocs or flip flops are not suitable for watersport activities. Footwear must be attached to feet*)
- Welly boots
- Hat to protect against the sun and cold
- Refillable water bottle
- Torch
- High protection sun cream/block (*we hope!*)
- Two towels, soap and toilet kit
- Pyjamas
- Bin bag to put dirty clothes in (*essential, but not always used!*)

School staff and specifics

- Miss Goddard and two other members of school staff.
- Children will not be permitted to bring a phone, tablet or any other electronic device.
- If the children need any medication this needs to be clearly labelled with name and dosage and handed to the member of school staff who is leading their group.
- The children can bring up to £5 to spend in the site shop for souvenirs. This money should be in a named envelope and handed to the member of school staff who is leading their group on arrival.
- Decisions about Room and Activity Groups will be made with the children during the weeks at the beginning of Autumn 2019 prior to the trip.

Questions

