



# Time Out For Parents The Primary Years

Sessions for anyone parenting children aged 5 - 11

Tuesday 28 February until 4 April

9.30am - 11.30am

At Brookfield Community School

Brook Lane, SO13 7DU

Cost: £10

Book your place: Sarah Sawyers ~ 01489 579669/

family@lhfc.org.uk

**positive  
parenting**  
Publications & Programmes