

# Cornerstone Church of England (VA) Primary School

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Mr T Clarke Headteacher



*Building our Community with Love, Forgiveness and Hope  
Growing an Inspirational Learning Community*

29<sup>th</sup> September 2016

## Healthy Living & Eating

Dear Parents,

As a school, we are working hard to promote a healthy living and healthy eating culture among our children. At the beginning of the academic year, we would therefore like to issue a timely reminder of some of our Cornerstone rules, which we would ask for your help and support with:

### Drinking Water

Your child should bring in a water-bottle to school every day. Please fill bottles with water – and don't worry, they can be refilled at school at any point during the school day.

### No Sweets or Chocolates

Please could we ask that you do not send in sweets or chocolates, either in your child's lunch-box or for birthday celebrations.

### No Nuts

Due to severe nut allergies in school, lunch-boxes must **not** contain any nut products.

### Walk / Cycle / Scoot to School

We appreciate that it is not always possible to walk or cycle to school. Whenever you can, though, we really appreciate you and your child not arriving by car. If you live too far away, how about parking up half-way and walking the rest of the way? Every little helps!

Thank you for your ongoing support in helping us make Cornerstone a healthy school.

Yours sincerely



Tim Clarke  
Headteacher

*"This is a happy school where pupils achieve well in terms of their personal, as well as academic development and are growing up as responsible caring young people." Ofsted 2015*