

Big Olympic Sports Week 2016

Monday 20th June - Hockey

On Monday 20th June, everyone came to school in their PE kits and were very excited. Some people didn't know we were doing hockey! We lined up in our sports day groups and came into the hall. We learnt that if you are left handed it's not easy to do hockey! First we had a go at dribbling the ball with a hockey stick. Then each group sat together ready to dribble the ball



up to a cone, around it and back again. Sam was really good! We had another go to get used to it. Everyone was concentrating. Blue team showed the most teamwork. Miss Pretty had spotted Joe, Lucas and Dylan were working well. They had many attempts with hockey dribbling. Erin and Liam were doing a good job. Next Oliver demonstrated how to play hockey. The teams were trying to get the other team's ball. They had another go at getting the other team's ball. They counted how many balls they had. Yellow team were the winning team. Finally the teams played a match of hockey. All teams had a really good go playing against each other. Everyone really enjoyed it!!

Tuesday 21st June - Football



Whilst we were doing maths, Year R had a go at football. We were excited for our turn. Then our class did football. Mr Clarke demonstrated how to kick a ball. He showed us all the different ways you could do it. Then we had a go with kicking a football. We got into teams and then we played penalty shootout Dan was doing very good at penalty shootout. We had a few goes each. Oli had a great kick! The whole class did great!

Then they did cross and in with the ball.

Match time: Oliver showed very good skills. DAN SCORED!! EVIE N SCORED!! AMELIE SCORED!! We went wild! Dan said that the other teams he saw showed very good skills.



Air Rifle Shooting

On Tuesday afternoon, we went out in groups to have a go at Air Rifle Shooting. Simon showed us how to do it. We had to pull the lever to '12 O'clock' and then put it back down again and then put our eyes in the hole to see the target. We pressed the lever and checked our score. The other people in our group looked on the laptop to see where we were. It was good fun. We had to be very quiet and concentrate. We enjoyed learning a new sport.



Wednesday 22nd June - Choi Kwang Do



We came into the hall and took our shoes and socks off. Mr and Mrs Storey told us some rules. We got into three horizontal lines and learnt some moves. Mrs Storey gave us permission to be loud! She scared us with her shouting. Then we had a go. Mrs Storey taught us that if someone tries to hurt you, you lean back and put your fists out. Mrs Storey

showed us how to do a kick. You have to kick with your ball of your foot. Erika and Franky were great. We got to put on some gear on to protect ourselves when the other person was going to punch and kick the mitts or shield. The other person had a go with the mitts and shields. We tried lots of different ways. We played tag noodle to finish our session.

Thursday 23rd June - Cheerleading and Gymnastics

Jayne told us to get Pom Poms. She told us how to use them. Shahid immediately starting spelling out Cornerstone! Give me a C... give me a O...give me a R... give me a N... give me a E... give me a R... First we did a warm up. Lucas and Freddy were really going for it! Jayne showed us how too warm up our arms. We learnt all the different cheer positions. Charlotte and Amelie had a great go at lifts! Then everyone got into 3 rows. Jayne should us how to do a forward roll. Amelie had a great go at forward roll. Next we did cartwheels. We finished with a chant! It was great fun!



Thursday 23th June-football

Today we had a great opportunity to play football with Matt. He taught us to play 5 minute football on the field. Oli dribbled the ball and passed it to Lucas, Sam tackle the ball from Lucas and skidded spectacularly over. Joe scored the first goal for the blue team making them the winner of the match.

Friday 24th June - Sports Day

We were organised into our three Cornerstone Teams: Purple, Gold and Green. Everyone took part in a range of exciting activities, including: slalom run, water cup fill, bean bag throw and a hopping race. After this Year 1, Year 2, Year 3 children had the chance to take part in a sprint race. Finally Year R and Year 1 had the chance to take on the challenge of an obstacle course.

After all the events, the children joined their families to enjoy a picnic lunch. What a perfect end to our brilliant Big Olympic Sports Week!